

ABOUT EDC

Education Development Center, Inc. (EDC) designs, implements, and evaluates programs to improve education, health, and economic opportunity worldwide. Collaborating with both public and private partners, we strive for a world where people are empowered to live healthy, productive lives.

Our work begins with the world's youngest citizens. From birth to age eight—as they observe, test, and explore—children take the first key steps in a lifelong learning journey. EDC helps speed them on their way.

We identify new ways to fuel children's natural curiosity and help them learn how to learn. Working closely with teachers, leaders, parents, and policymakers, we ensure all children have the cognitive, physical, intellectual, and social-emotional support they need to go the distance. Through innovative professional learning experiences—such as *Reducing Challenging Behavior*—we foster the growth of communities of practice focused on using evidence-based practices to enhance school readiness, support families, and improve outcomes for children.

Contact EDC to learn how this unique professional development opportunity can be tailored for your audience.

Experienced EDC staff also provide individualized technical assistance to develop, strengthen, and implement early childhood systems (0-8). Our services include environmental scans, logic models, and strategic planning.

Contact:

Mary Mackrain
248-594-3250
mmackrain@edc.org

Learn more about our work:

ltd.edc.org/early-learning



Education Development Center, Inc. (EDC)
43 Foundry Ave.
Waltham, MA 02453
edc.org
[@EDCtweets](https://twitter.com/EDCtweets)

“Promoting social-emotional and character development of children is, paradoxically, the best opportunity for innovation in education. It is accessible, feasible, sensible, cost-effective, within our grasp, and supported by evidence.” Dr. Maurice Elias, Rutgers University

Reducing Challenging Behavior: Strategies for Promoting Positive Social-Emotional Growth

*Powerful Professional Learning Featuring
Evidence-Based Practices that Foster
Resilience and School Success*



EDC Learning
transforms
lives.

PROGRAM AT-A-GLANCE

Highly Skilled Instructors with decades of experience in early childhood education, health and mental health services, and professional development.

Series of Four Webinars that provides clear, rich, immediately useful information about how to promote young children's optimal social and emotional growth:

- Building Family Partnerships Through Reflective Practice
- Intentional Caregiving for Resilience
- Individualized Social and Emotional Strategies for Child Planning
- Adult Resilience: Taking Care of Them is Taking Care of You

Two Telecoaching Sessions that give participants an opportunity to talk with peers and instructors about applying their new learning to what they do every day.

Optional Full-Day, In-Person Training that engages participants in deeper exploration and discussion of the topic.

Credit Option 1: For each webinar, 1.5 clock hours of professional development credit and a certificate of attendance are awarded.

Credit Option 2: For completing all four webinars, participants receive Continuing Education Units (CEUs).

WHY CHOOSE THIS PROGRAM?

Children with strong social and emotional skills are ready for success in school and life. They are able to:

- Listen to instructions and be attentive
- Develop good relationships with adults/peers
- Concentrate and persist when faced with challenging tasks
- Act with confidence, caring, and compassion
- Self-regulate and control impulses
- Effectively communicate their emotions
- Solve social problems

This innovative, effective, and affordable blended learning experience gives participants the tips, tools, and knowledge they need to foster these key skills.

Led by experienced instructors, the **four webinars and two telecoaching sessions** are highly interactive. On their own and as a series, the webinars create vibrant communities of practice focused on using evidence-based strategies to promote children's optimal social and emotional development. A **full-day, in-person training** can be added to the package.

WHAT DO PARTICIPANTS SAY?

"Very enlightening and motivational..."

"[I gained] a better understanding of how family partnerships will enhance my family center."

"A great tool for learning and teaching.."

"I was very impressed with the information I received. It would be wonderful to have this particular webinar presented again."

"...so informative, give me more!"

WHO SHOULD PARTICIPATE?

This blended learning experience is designed for all who seek to ensure children's resilience, wellness, and school readiness and success, including but not limited to:

- *Early care and education providers*
- *Home visitors*
- *Mental health providers*
- *Part C staff*
- *Head Start and Early Head Start staff*

Participants will gain:

- An understanding of current research on social-emotional development
- A "toolkit" of fun, everyday strategies that build children's social and emotional skills
- Knowledge of key social and emotional milestones and how to identify the milestones
- Greater emotional literacy and the ability to foster that literacy in young children
- Insight into adults' stressors, how they impact children, and coping strategies
- Effective strategies to partner with families and promote family engagement

"Great real-life examples!"

"By revisiting many of the key points, I think it will help the staff to understand the work we do."

"All of the information was very helpful."

"I loved the webinar! I hope to find more training like this..."

"The presenters were very clear on every aspect...The interaction was awesome, welcome, come again!"